

**Material Bodies and Immaterial Loss: Failed Marriages, Female
Subjectivity, and Emotional Displacement in Sunetra Gupta's
*Memories of Rain and Moonlight into Marzipan***

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Abstract

Marriage is frequently imagined as a space of emotional security and social completion, particularly for women in patriarchal cultures. However, literary representations increasingly challenge this ideal by exposing the emotional fractures and psychological costs embedded within marital relationships. Sunetra Gupta's fiction offers a sustained interrogation of marriage by foregrounding women whose inner lives are shaped by betrayal, emotional neglect, and cultural displacement. This paper undertakes a comparative study of *Memories of Rain and Moonlight into Marzipan* to examine how failed marriages generate forms of

immaterial loss—losses that are emotional, psychological, and existential rather than material in nature.

Drawing on feminist literary criticism and sociocultural theory, this study analyzes how Gupta represents marriage as an unequal emotional structure in which women disproportionately absorb pain while male autonomy remains largely unquestioned. This paper argues that Gupta's female protagonists respond to marital failure through varied strategies, ranging from emotional withdrawal and silence to psychological collapse. By situating these narratives within diasporic contexts, this study further demonstrates how cultural displacement intensifies female alienation within marriage. Ultimately, this paper contends that Gupta's novels dismantle the romantic myth of marriage and foreground the urgent need to acknowledge women's emotional suffering as a legitimate form of loss.

Keywords: Failed Marriage, Female Subjectivity, Emotional Loss, Patriarchy, Diaspora

Introduction

Marriage has long occupied a privileged position in literary and cultural discourse, frequently being represented as a stable foundation for emotional fulfillment, social legitimacy, and moral order. Within patriarchal societies, marriage is not merely a private relationship but a social institution that regulates gender roles, sexual conduct and emotional expression. For women, marriage is often constructed as a defining life event that promises security and identity, while simultaneously demanding endurance, compromise, and emotional restraint. The literature has increasingly questioned this idealized construction by revealing the inequalities and psychological costs embedded within marital relationships.

Contemporary Indian English fiction has played a crucial role in interrogating marriage as a site of gendered authority. Women writers foreground the silent suffering, emotional alienation, and identity fragmentation experienced by women within domestic spaces. These narratives challenge romanticized depictions of marriage and expose it as a

terrain of negotiation, loss, and resistance. In such texts, marriage often becomes less a space of companionship and more an arena where women confront betrayal, neglect, and erasure.

Sunetra Gupta's fiction occupies a distinctive place within this tradition. Known for her lyrical prose and intense psychological focus, Gupta resists conventional storytelling and privileges emotional interiors, memory, and subjective experience. Her novels often center on women whose lives are shaped by fragile relationships and unfulfilled emotional expectations. Rather than portraying overt rebellion, Gupta depicts subtle forms of resistance—silence, withdrawal, memory, and emotional distancing—that complicate the dominant feminist narratives of empowerment.

This study critically examines *Memories of Rain* and *Moonlight in Marzipan*, exploring failed marriages and their impact on female subjectivity. In both novels, marriage initially promises intimacy and belonging, but gradually deteriorates into emotional alienation. While *Memories of Rain* traces Monideepa's inward negotiation of betrayal and her eventual withdrawal from a fractured marriage, *Moonlight in Marzipan* presents Esha's psychological collapse within an emotionally barren and unequal relationship. Through a comparative feminist and sociocultural analysis, this study argues that Gupta exposes marriage as an unequal emotional economy in which women bear disproportionate immaterial losses.

By foregrounding emotional pain, cultural displacement, and gendered expectations, this paper seeks to contribute to the existing scholarship on Gupta by emphasizing immaterial loss as a central thematic concern. This study also aims to demonstrate that Gupta's portrayal of failed marriages challenges dominant social ideals and calls for a re-evaluation of marriage that prioritizes emotional reciprocity and female dignity.

Review of Previous Literature

Scholarly engagement with Sunetra Gupta's fiction has largely emphasized her lyrical style, narrative experimentation, and thematic concerns with diaspora and identity. Critics have frequently noted that Gupta's novels privilege emotional interiors over external action, offering nuanced portrayals of love, memory and loss. Within this body of scholarship, marriage emerges as a recurring but often underexplored theme, particularly in relation to women's emotional suffering.

Critical responses to *Memories of Rain* often highlight its fragmented narrative structure and its psychological depth. Scholars have interpreted Monideepa's silence and introspection as narrative strategies that foreground female subjectivity within a patriarchal marriage. Feminist critics suggest that Anthony's infidelity reflects the broader normalization of male desire, while Moni's emotional withdrawal signals a refusal to participate in an unequal emotional exchange. The novel has also been read through a diasporic lens, with critics emphasizing how cultural displacement exacerbates Moni's isolation.

Studies on *Moonlight into Marzipan* tend to focus on philosophical concerns and unconventional characterization. Promothesh's scientific ambition and emotional detachment have been interpreted as emblematic of masculine rationality, which marginalizes emotional connection. Feminist readings foreground Esha's gradual erasure within marriage, noting how infertility, emotional neglect, and intellectual dismissal contribute to her psychological deterioration. Her suicide has been examined as a commentary on the violence of emotional abandonment, rather than as an individual failure.

Despite these critical insights, comparative studies examining marital failure across Gupta's novels remain limited. Moreover, while feminist theory is frequently employed, fewer studies explicitly address the concept of immaterial loss, which affects identity, emotional stability, and self-worth. This study addresses these gaps by offering a comparative

feminist analysis of *Memories of Rain and Moonlight in Marzipan*, with particular attention to the emotional consequences of failed marriages.

Theoretical Framework

This study employs a feminist and sociocultural theoretical framework to examine representations of marriage, emotional loss, and female subjectivity in Sunetra Gupta's *Memories of Rain and Moonlight in Marzipan*. Feminist literary criticism provides the primary lens for analysis, particularly theories that conceptualize marriage as a patriarchal institution sustained through unequal power relations and emotional labor. Feminist scholars argue that women's oppression within marriage is often maintained not through overt coercion but through emotional neglect, moral expectations, and the normalization of female sacrifice.

Central to this framework is the concept of emotional labour—the invisible work of nurturing, forgiving, and sustaining relationships, which is disproportionately assigned to women. Within marriage, emotional labor often becomes an unacknowledged obligation, rendering women responsible for maintaining harmony, even in the face of betrayal or neglect. Gupta's novels vividly illustrate this imbalance, portraying women who are expected to endure emotional pain silently while male autonomy remains largely unquestioned.

The notion of female subjectivity is equally significant in this regard. Subjectivity refers to a woman's sense of self, agency, and emotional autonomy within the relational and social structures. In Gupta's fiction, female subjectivity is frequently destabilized by infidelity, displacement, and patriarchal expectations. Feminist criticism enables an examination of how women negotiate these pressures through silence, withdrawal, memory, and, in extreme cases, even self-destruction. These responses complicate simplistic readings of resistance and submission, revealing the constrained choices available to women within oppressive, patriarchal marital frameworks.

Sociocultural criticism further contextualizes marriage within diasporic and transnational settings. Cultural displacement often intensifies women's vulnerability by severing familiar social networks and reinforcing their dependence on marital relationships. Gupta's novels challenge celebratory narratives of diaspora by demonstrating how migration can reproduce patriarchal hierarchies in subtler forms. The intersection of patriarchy and the diaspora creates conditions in which women experience heightened emotional alienation and loss.

Together, feminist and sociocultural approaches allow for a nuanced reading of marital failure as both a personal and structural phenomenon. This framework facilitates an understanding of immaterial loss as a central consequence of failed marriages—losses that affect identity, emotional security, dignity, and belonging, rather than material stability.

Analysis of Failed Marriage and Female Subjectivity in Memories of Rain

Sunetra Gupta's *Memories of Rain* offers a sustained psychological exploration of marital breakdown through the interior consciousness of Monideepa. The narrative unfolds within a compressed temporal frame; however, it encompasses years of emotional accumulation, memory, and unresolved pain. Gupta's stylistic choice to concentrate on a single day underscores the persistence of emotional trauma and suggests that marital failure is not an event but a continuous psychological process. Through Moni's introspection, Gupta exposes how marriage can become a site of silent emotional exploitation rather than mutual fulfillment.

Moni's marriage to Anthony initially appears to symbolize cultural transcendence, suggesting the possibility of harmony across racial and national boundaries. However, this promise quickly unravels as emotional asymmetry emerges at the relationship's core. Anthony's infidelity is neither accidental nor momentary; it is symptomatic of a patriarchal entitlement that permits male desire to operate without accountability. In contrast, Moni is

expected to accommodate betrayal through silence and emotional endurance. Gupta's portrayal reveals how marriage institutionalizes gendered emotional labour, placing the burden of preservation disproportionately on women.

The female body in *Memories of Rain* is a crucial site of emotional inscription. Moni's acute awareness of her physical presence—her reflection, posture, and gestures—signals a fractured sense of self, shaped by betrayal. Feminist criticism emphasizes that women's bodies often become repositories of unspoken trauma, absorbing emotional pain that cannot be articulated in patriarchal relationships. Moni's bodily self-consciousness reflects this internalization, transforming her silence into an embodied form of resistance.

In *Silence in the Memories of Rain*, silence functions as a deliberate narrative strategy rather than a sign of submission. Moni's refusal to confront Anthony verbally represents her withdrawal from exploitative emotional labor. Feminist theorists argue that silence can operate as a mode of agency when speech no longer has transformative potential. By choosing introspection over confrontation, Moni asserts control over her emotional boundaries and resists the further psychological erosion.

Cultural displacement intensifies Moni's alienation. Living in England, she occupies a liminal position, neither fully integrated into British society nor emotionally secure within her marriage. Diaspora, in Gupta's narrative, does not offer liberation but instead magnifies emotional vulnerability. The absence of familiar cultural networks leaves Moni increasingly dependent on a marriage that does not provide emotional reciprocity. Her memories of India serve as emotional anchors, preserving fragments of her identity threatened by marital disintegration.

Motherhood adds an additional dimension to Moni's subjectivity. Her relationship with her daughter offers moments of emotional continuity and purpose, counterbalancing the erasure she experiences in her marriage. Gupta portrays motherhood not as a compensatory

ideal but as a relational space where emotional authenticity survives. Moni's decision to return to India with her child represents a profound ethical choice that privileges emotional survival over social conformity.

Departure constitutes the novel's most significant assertion of female agency. Unlike narratives that equate empowerment with confrontation, Gupta frames empowerment as a withdrawal from emotionally destructive structures. Moni's return to India challenges patriarchal expectations that valorise endurance as a feminine virtue. Her decision affirms the legitimacy of emotional pain and redefines self-hood beyond marital identity. Thus, *Memories of Rain* positions failed marriages as a catalyst for self-recognition and psychological restoration.

Analysis of Emotional Alienation and Marital Breakdown in *Moonlight into Marzipan*

In *Moonlight into Marzipan*, Sunetra Gupta presents a more devastating account of marital failure, one that culminates in emotional annihilation rather than survival. The marriage between Promothesh and Esha is structured by intellectual inequality, emotional neglect, and the relentless prioritization of male ambition. From the outset, the relationship is marked by asymmetry, with Promothesh's professional aspirations dominating the marital space, while Esha's emotional and intellectual needs are progressively marginalized.

Esha's identity is systematically eroded through marriage. Despite her exceptional mathematical abilities, she is relegated to a supportive domestic role that denies her intellectual fulfillment. Patriarchal norms dictate that her aspirations remain secondary to Promothesh's success, reinforcing a hierarchy in which male achievement is celebrated and female sacrifice is normalized. Gupta critiques this structure by foregrounding Esha's growing sense of invisibility and emotional despair.

Infertility and reproductive loss further intensify Esha's suffering. Gupta treats these experiences not as biological failures but as deeply psychological events that fracture Esha's sense of self. Repeated abortions and anxiety surrounding motherhood compound her emotional isolation, particularly in a marriage that offers no space for vulnerability. Feminist criticism highlights how reproductive trauma is often privatized within patriarchal frameworks, rendering women's grief invisible and unsupported by society.

Emotional neglect is a sustained form of psychological violence in the novel. Promothesh's inability—or refusal—to recognize Esha's emotional distress underscores a rationalist masculinity that privileges intellect over empathy. His infidelity further destabilizes the marriage, signaling a complete breakdown of emotional responsibility. Esha's attempts to articulate her pain are met with indifference, reinforcing a sense of erasure.

Diasporic displacement amplifies emotional disintegration. The couple's relocation to England, following Promothesh's professional success, isolates Esha from her cultural familiarity and social support. In the diasporic space, her identity dissolves further as she becomes increasingly peripheral to her husband's life. Gupta critiques celebratory narratives of migration by exposing the emotional sacrifices imposed on women who accompany ambitious men.

Esha's suicide represents the ultimate manifestation of this immaterial loss. Rather than framing it as an act of weakness, Gupta presents it as the tragic consequence of sustained emotional abandonment. Feminist interpretations of suicide emphasize its social and relational dimensions, particularly within oppressive social structures. Esha's death exposes the lethal cost of marriages that deny women emotional recognition and underscores the urgency of addressing emotional inequality in intimate relationships.

Comparative Discussion: Marriage, Patriarchy, and Immaterial Loss

A comparative reading of *Memories of Rain and Moonlight* into *Marzipan* reveals Sunetra Gupta's sustained critique of marriage as a patriarchal institution that systematically privileges male autonomy while marginalizing female emotional well-being. Although Moni and Esha respond differently to marital failure, both narratives expose the same underlying structures of inequality that govern intimate relationships.

Moni's survival and Esha's destruction represent divergent outcomes shaped by their differing capacities for resistance, support, and emotional withdrawal. Moni's decision to leave suggests the possibility of reclaiming subjectivity through disengagement, whereas Esha's inability to escape reflects the crushing weight of emotional dependence and societal expectations. Gupta does not present either outcome as morally superior; instead, she highlights the limited and constrained choices available to women within patriarchal marriages.

Infidelity is a recurring motif that symbolizes male entitlement and emotional irresponsibility. Both Anthony and Promothesh exercise sexual autonomy without accountability, reinforcing the gendered double standards within marriage. In contrast, women are expected to silently absorb betrayal. Gupta's critique lies in her insistence on foregrounding the psychological consequences of this imbalance.

Cultural displacement intensifies the marital failures in both novels. The diaspora magnifies female isolation by severing cultural ties and support systems, leaving women emotionally vulnerable. Gupta's fiction challenges romanticized narratives of cross-cultural marriage and globalization by exposing their emotional underside.

Conclusion

This study examines Sunetra Gupta's *Memories of Rain and Moonlight* in *Marzipan* as complex literary explorations of failed marriages and their emotional consequences for

women. Through a feminist and sociocultural framework, this paper demonstrates that marriage in Gupta's fiction functions as an unequal emotional structure sustained by patriarchal expectations, gendered emotional labor, and cultural displacement. Rather than presenting marital failure as an individual or accidental breakdown, Gupta situates it within the systemic patterns of neglect, entitlement, and silence.

The analysis of *Memories of Rain* reveals how Monideepa's emotional withdrawal and eventual return to India represent self-preservation rather than defeat. Her silence, memory, and refusal to continue emotional labour challenge patriarchal ideals that equate feminine virtue with endurance. Gupta's portrayal emphasizes that emotional survival and dignity must take precedence over the preservation of oppressive marital bonds. Moni's journey foregrounds the possibility of reclaiming subjectivity through disengagement, illustrating a quiet yet powerful form of resistance.

In contrast, *Moonlight into Marzipan* presents a far more devastating outcome of marital inequality. Esha's psychological collapse and suicide expose the lethal consequences of sustained emotional neglect, intellectual marginalization, and reproductive trauma. Gupta's narrative refuses to romanticize sacrifice or normalize suffering, instead revealing how the denial of emotional recognition can erode a woman's sense of self entirely. Esha's death serves as a critical commentary on marriages that privilege ambition and rationality over empathy and emotional responsibility.

Taken together, the novels underscore Gupta's consistent critique of romanticized marriage narratives. Infidelity, emotional blindness, and diasporic displacement recur as mechanisms through which women experience immaterial loss—the loss of identity, belonging, emotional security, and self-worth. By foregrounding these losses, Gupta challenges social ideals that prioritize marital continuity over women's well-being.

This study contributes to the existing scholarship by emphasizing immaterial loss as a central thematic concern in Gupta's fiction. It argues that emotional suffering must be recognized as a legitimate form of loss in literary and social discourse. Ultimately, Gupta's novels call for a re-imagining of marriage that values emotional reciprocity, ethical responsibility and female subjectivity. Such a re-evaluation is not only a literary necessity but also a social imperative, as it speaks to the lived realities of women whose suffering often remains unacknowledged within marriage.

Limitations and Scope for Further Research

While this study offers a comparative feminist analysis of two significant novels by Gupta, it remains limited to close textual interpretation within literary and cultural frameworks. The analysis does not attempt empirical validation but instead focuses on the interpretive depth and thematic coherence. Future research may extend this study by examining other works by Gupta to trace the continuity of marital themes across her oeuvre. Comparative studies involving other Indian women novelists could further illuminate how failed marriages are represented across cultural, generational and class contexts. Interdisciplinary approaches drawing from psychology, sociology, or gender studies may also enrich our understanding of emotional labor, marital breakdown, and female subjectivity in literary narratives.

Research Methodology and Hypothesis

This study adopts a qualitative, interpretive research methodology rooted in literary analysis. Close reading serves as the primary method, enabling a detailed examination of the narrative structure, character psychology, symbolism, and thematic patterns in *Memories of Rain* and *Moonlight in Marzipan*. Rather than treating the novels as isolated texts, this study places them within broader feminist and sociocultural discourses on marriage, patriarchy, and emotional labor. This methodological approach allows for an in-depth exploration of how

literary form and narrative voice articulate women's emotional experiences in marital relationships.

The analysis is guided by feminist criticism, which foregrounds gendered power relations and the unequal distribution of emotional responsibility within marriages. By focusing on female interiority, silence, and memory, this study seeks to uncover forms of resistance that are often overlooked in traditional readings of empowerment. Socio-cultural perspectives further contextualize these narratives within diasporic settings, highlighting how cultural displacement intensifies women's emotional vulnerability. The combination of these approaches ensures that the study remains sensitive to both individual subjectivities and structural forces.

The central hypothesis of this research is that Gupta's representation of marriage consistently reveals it as an unequal emotional structure that produces immaterial loss for women, even in relationships that appear materially stable or socially progressive. This study hypothesizes that female suffering in Gupta's novels is not incidental but systemic, arising from patriarchal expectations, emotional neglect, and cultural dislocation. By testing this hypothesis through comparative textual analysis, this study demonstrates that marital failure in Gupta's fiction functions as a critique of romanticized marriage ideals and underscores the urgent need to recognize emotional loss as a significant dimension of women's lived experience.

Conflict of Interest: The corresponding author, on behalf of second author, confirms that there are no conflicts of interest to disclose.

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