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## **A Study of Emotional Intelligence of Male and Female Senior Secondary School Teachers**

### **Abstract**

Teachers are considered as the main pillar in the educational system. They are the moderators through which the knowledge can be transferred to the students who represent the foundation of the society. Teachers cannot be the effective source of knowledge unless they are possessed with the essential skills, knowledge and talents. In the recent years, the concept of the Emotional Intelligence among teachers has been taken attention in the educational institutions due to its great importance.

This study is based on the idea to know the level of the emotional intelligence among teachers with respect to their gender. Six private senior secondary schools were selected through randomly lottery technique. To find out the difference of emotional intelligence of male and female teachers t-test statistic technique was used and the result was founded that the female teachers of senior secondary school have significantly high emotional intelligence than the male teachers of senior secondary school.

Emotional Intelligence has emerged in the past twenty-five years as one of the crucial components of emotional adjustment, personal wellbeing, life success and interpersonal relationship in different context of everyday life. In fact, emotional intelligence is a type of social intelligence that includes to control own and others emotions; make a choice between them and the ability of using these emotions to set his life. . It plays a vital role in social sciences and has direct impact on the teacher's behavior working in an organization for the success of their profession. Teachers are the builders of the nation. The Education Commission (1966) states that "The future of India is now being shaped in the classroom". Teacher acts as a philosopher and a guide to the students and are considered as the main pillar in the educational system. He knows the growth and development of the child and his requirement at different level. They are the moderators through which the knowledge can be transferred to the students who represent the foundation of the society. Teachers cannot be the effective source of knowledge unless they are possessed with the essential skills, knowledge and talents.

## Need and Significance

In the recent years, the concept of emotional intelligence among teachers has been taken attention in the educational institutions due to its great importance. In a research study Singh et. Al (2007) concluded that high emotionally intelligent adolescents have better mental health than low emotionally intelligent adolescents. A teacher has a key role to play in communicating knowledge in specific subjects and help students to grow to their fullest stature, develop suitable attitudes and unfold their personality. If teachers high in emotional intelligence tend to be more caring of their students, can better recognize student's needs and they respond to these needs accordingly. Emotional intelligence seems to be the key factor in understanding the students regarding what motivates them, what they desire and how teachers can work better with them. Because the teachers lead and teach the future youth who provide for a wide range of increasingly sophisticated and ever-changing variety of manpower needed, their job is a more responsible one, implying that teachers be high on EI and well-being to be performing effectively. Hence the investigator made an effort to find out the impact of emotional intelligence on male and female teachers of senior secondary school.

## Four Factors of Emotional Intelligence

In this study variables has been defined in four specific factors of emotional intelligence that includes-

- **Awareness of self and others** – The ability to the art of empathizing, influencing, commitment, appropriate assessment of one's own capabilities and awareness of self and others.
- **Professional Orientation** - An innate desire to achieve, is the key stone to achieve professional orientation
- **Intrapersonal Management** – The ability to positive EQ traits of self-confidence and self-control can be said to possess the skill of self-management.
- **Interpersonal Management** – the ability to problem solving, building bonds and initiating a change are very essential.

## Objectives of the study

### Major objective

- 1 To study the Emotional Intelligence of Male and Female Teachers  
Of Senior Secondary School

### Sub – Objectives

- To study the 'Awareness of Self and Others' of male and female of Senior Secondary School.
- To study the 'Professional Orientation' of male and female teachers of Senior Secondary School.

- To study the 'Intrapersonal Management' of male and female teachers of Senior Secondary School
- To study the 'Interpersonal Management' of male and female teachers of Senior Secondary School

### Hypotheses

- There is no significant difference in 'Awareness of Self and Others' between male and female senior secondary school.
- There is no significant difference in 'Professional Orientation' between male and female senior secondary school.
- There is no significant difference in 'Intrapersonal Management' between male and female senior secondary school.
- There is no significant difference in 'Interpersonal Management' between male and female senior secondary school.

### Method of the Study

Descriptive Survey Method has been used for the undertaken study.

### Population of the study

The population of the study comprises only private senior secondary teachers. Six private secondary schools were selected from the list of the private secondary schools in Ghaziabad District. Therefore 50 male and 50 female senior secondary teachers were selected for the undertaken study.

### Statistical Technique

To find out the difference between the mean scores of emotional intelligence of male and female senior secondary teachers t-test was applied for getting the results.

### Findings of the study

**Table :1**

**Mean, Standard Deviation, t- test of Emotional Intelligence Dimensions**

**Male and Female**

Dimensions	Mean		S.D		t-test
	Male	Female	Male	Female	
Awareness of Self and Others	15.69	16.0	2.76	3.57	0.83NS
Professional Orientation	15.54	16.58	3.26	3.97	2.49*
Intrapersonal Management	17.3	17.39	3.69	3.72	0.21NS
Interpersonal	17.69	18.01	2.27	3.23	2.83**

Thus, it is evident that the female teachers have scored higher than the male teachers on both overall scores as well as on components wise series. In other words, in this study female teachers seemed have emerged as a group having significantly high emotional intelligence

Emotional intelligence is a type of social intelligence that includes to control own and other emotions; make a choice between them and the ability of using these emotions to set his life. Therefore, this skill is really required to make the teachers performance very effective. This skill can make the teachers not only able to deal with their students but with their colleagues as well. The quality of any educational institution depends mainly on the professional competence and emotional stability of teachers because emotional stability of teachers affects that of pupils. Unhappy, frustrated, dissatisfied teachers cannot help their pupils to become happy, well adjusted. Emotionally stable teachers are able to find out their own short comings and try to remove them so that the students may be saved from the adverse influence of their unbalanced personality.

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